

#1729 - Correlation between Neutrophil Gelatinase-Associated Lipocalin (NGAL) And Iron Status.

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Body

Background: NGAL, in other words lipocalin 2, is a stress protein situated on some cell membranes involved mainly in iron transportation through them. Firstly, in 2005, it was described as a new biomarker to identify chronic renal diseases since is detectable faster than BUN and creatinine. This marker has had minimal false results due to age, gender, blood cell count and other various factors which normally affect ferritin and TSAT in IDA diagnosis. This study headed to evaluate the correlation between iron profile and NGAL concentration in serum among patients suffering from chronic renal diseases in end stage (ESRD) and chronic dialysis in order to find its diagnostic value in terms of IDA.

Materials and Methods: 47 sufferers from chronic hemodialysis in end stage renal disease and 15 healthy people were evaluated to find the correlation between serum NGAL concentration and IDA characteristics.

Results: Controls were all free of IDA, interestingly in this study. On the contrary, the majority of patients suffered from IDA and a great direct correlation was seen between IDA (TSAT<20%) and NGAL serum concentration with a spearman's coefficient equal to 0.314. serum NGAL concentration was also in a good direct correlation with both serum ferritin and TIBC. Serum NGAL also directly correlated with uric acid, creatinine and blood sugar whereas a reverse relationship with albumin, total cholesterol and LDL was found.

Conclusion: Despite the findings were not suitable to be generalized, the study showed a great correlation which is comparable with other recent studies.

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Key words: ESRD, Hemodialysis, IDA, NGAL

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